# **dōTERRA®** ESSENTIAL SKIN CARE



# WHAT SETS dōTERRA® ESSENTIAL SKIN CARE APART?

By integrating CPTG Certified Pure Therapeutic Grade® essential oils with cutting-edge cosmeceutical technologies, dōTERRA Essential Skin Care products provide scientifically proven ingredients and botanicals resulting in radiant, youthful-looking skin.

#### ANTI-AGING COLLECTION

dōTERRA Essential Skin Care is a family of skin care products designed to meet all your anti-aging, skin care needs, helping keep your skin feeling and looking young, healthy, and gorgeous by maximizing the natural power of essential oils. The Essential Skin Care line includes cutting-edge technologies that complement the careful selection of CPTG Certified Pure Therapeutic Grade essential oils added in generous proportions to each product. Target the visible appearance of aging with dōTERRA Essential Skin Care.







# FACIAL CLEANSER

essential oils of MELALEUCA and PEPPERMINT

dōTERRA® Facial Cleanser combines CPTG Certified Pure Therapeutic Grade® essential oils of Melaleuca and Peppermint, known for their ability to purify and tone skin, with natural cleansers of Yucca Root Extract and Soapbark Extract which gently wash away impurities leaving skin looking clean, fresh, and smooth.

- Vitamin E supports healthy-looking skin
- Macadamia seed oil conditions the skin
- Yucca Root Extract and Soapbark Extract are rich in saponins, natural cleansers that clarify and soothe skin

DIRECTIONS FOR USE: Dispense cleanser into palm of hand. Apply to dry face and neck in a circular motion. Rinse with warm water and towel dry. Avoid contact with eyes.

60201753	4 fl. oz./118mL	
\$22.00 retail	\$16.50 wholesale	16.5 PV



INGREDIENTS: Water (Aqua), Sodium Cocoyl Isethionate, Stearic Acid, Glycerin, Glyceryl Stearate SE, Cetearyl Alcohol, Quillaja saponaria (Soapbark) Bark Extract, Yucca filamentosa (Yucca) Root Extract, Melaleuca alternifolia (Tea Tree) Leaf Oil, Mentha piperita (Peppermint) Oil, Macadamia ternifolia (Macadamia) Seed Oil, Xanthan Gum, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Sodium Benzoate, Sodium Phytate, Dehydroacetic Acid, Sodium PCA, Tocopherol, Citric Acid, Potassium Hydroxide, Ethylhexylglycerin, Benzyl Alcohol

# INVIGORATING SCRUB

essential oils of GRAPEFRUIT and PEPPERMINT

CPTG Certified Pure Therapeutic Grade® essential oils of Grapefruit and Peppermint make exfoliating a refreshing aromatic experience while jojoba esters polish your skin. Botanicals of Mandarin Orange Extract, Jasmine Extract, and Greater Burdock Extract tone, smooth, and hydrate skin.

- Gentle exfoliating action comes from biodegradable Jojoba esters known for their moisturizing properties
- Greater Burdock Extract helps to purify and tone skin

DIRECTIONS FOR USE: Massage moderate amount over wet skin for 15-30 seconds. For additional moisturizing effect, massage one minute. Rinse with warm water. Use two to three times per week as needed. Avoid contact with eyes.

60201773	2.5 oz./70g	
\$24.00 retail	\$18.00 wholesale	18 PV



INGREDIENTS: Water (Aqua), Glycerin, Jojoba Esters, Sodium Lauroamphoacetate, Xanthan Gum, Caprylyl/Capryl Glucoside, Sodium Methyl Cocoyl Taurate, Jasminum officinale (Jasmine) Flower/Leaf Extract, Citrus nobilis (Mandarin Orange) Fruit Extract, Arctium lappa Root Extract, Mentha piperita (Peppermint) Oll, Citrus paradisi (Grapefruit) Peel Oll, Sodium Phytate, Glyceryl Caprylate, Acrylates Copolymer, Glycol Stearate, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Ethylhexylglycerin, Sodium Hydroxide, Citric Acid, Dehydroacetic Acid, Chlorphenesin, Benzyl Alcohol

# PORE REDUCING TONER

essential oils of LAVENDER, YLANG YLANG, and GERMAN CHAMOMII F

dōTERRA® Pore Reducing Toner contains CPTG Certified Pure Therapeutic Grade® essential oils of Lavender, Ylang Ylang, and German Chamomile to calm sensitive skin while innovative fruit and plant extracts tone and balance the skin, increase hydration, and visibly reduce the appearance of pores to support a healthy-looking complexion.

- Aloe, watermelon, and apple extracts tone and balance the skin
- Rich in oligosaccharides, Lentil Extracts increase skin hydration, reduce the appearance of oily skin, tone the skin, and visibly reduce the appearance of pores

DIRECTIONS FOR USE: After cleansing, lightly apply to face and neck using cotton pad. Avoid contact with eyes.

60201772	4 fl. oz./118mL	
\$25.33 retail	\$19.00 wholesale	19 PV



INGREDIENTS: Water (Aqua), Aloe barbadensis (Aloe Vera) Leaf Juice, Glycerin, Pentylene Glycol, Caprylyl/Capryl Glucoside, Hamamelis virginiana (Witch Hazel) Water, Lavandula angustifolia (Lavender) Oil, Chamomilla recutità (German Chamomille) Flower Oil, Cityllus landus (Watermelor) Fruit Extract, Pyrus malus (Apple) Fruit Extract, Lers esculenta (Lentil) Seed Extract, Lens esculenta (Lentil) Fruit Extract, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Sodium Phytate, Sodium Lactate, Sodium PCA, Ethylhexylglycerin, Citric Acid, Glyceryl Caprylate, Hydroxyacetophenone, Chlorphenesin, Sodium Hydroxide

# BRIGHTENING GEL

essential oils of BERGAMOT, JUNIPER BERRY, and MELISSA

Natural extracts, vitamins, and cutting-edge ingredient technologies combine with CPTG® essential oils of FCF Bergamot, Juniper Berry, and Melissa to brighten and

even skin tone. doTERRA® Brightening Gel is a gentle and effective way to noticeably brighten the skin by reducing the appearance of dark spots and hyperpigmentation.

- Daisy extract is a natural skin-brightening agent that acts by promoting even skin tone and reducing the appearance of dark spots
- Vitamin C helps to keep the skin looking youthful while providing skin-brightening benefits
- Microencapsulation technology protects vitamin C from breakdown ensuring the stability and efficient delivery of the vitamin to the skin

DIRECTIONS FOR USE: Push disc on bottom of jar to dispense small amount of product. Apply evenly to face and neck or to specific areas of concern. Avoid contact with eyes.

60201777	1 fl. oz./30mL	
\$46.00 retail	\$34.50 wholesale	34.5 PV



INGREDIENTS: Water (Aqua), Pentylene Glycol, Bellis perennis (Daisy) Flower Extract, Glycerin, Sclerotium Gum, Zingiber öfficinale (Ginger) Root Extract, Citrus aurantium bergamia (Bergamot) Fruit Oil, Juniperus communis (Juniper Berry) Fruit Oil, Melissa (Melissa) Leaf Oil, Ascorbyl Tetraisopalmitate, Biosaccharide Gum-1, Polymethyl Methacrylate, Hydroxyacetophenone, Hydroxyethylcellulose, Chlorphenesin, Trisodium Ethylenediamine Disuccinate, Citric Acid, Sodium Hydroxide

# TIGHTENING SERUM

essential oils of FRANKINCENSE, HAWAIIAN SANDALWOOD, and MYRRH

Featuring CPTG Certified Pure Therapeutic Grade® essential oils of Frankincense, Hawaiian Sandalwood, and Myrrh, dōTERRA® Tightening Serum is scientifically formulated to reduce the appearance of fine lines and wrinkles and promote skin hydration. Natural extracts and gums combine with powerful anti-aging ingredients for firmer, younger-looking skin.

- Contains rhizobian and acacia gum which provide "lifting" benefits
- Beech Tree Bud Extract tightens and smooths the appearance of skin
- Betaine is a nature mimetic humectant that helps protect skin cells against dehydration

DIRECTIONS FOR USE: Apply to face and neck in an upward, outward motion. Follow with the dōTERRA Essential Skin Care Moisturizer of your choice.

60201752	1 fl. oz./30mL	
\$66.00 retail	\$49.50 wholesale	49.5 PV



INGREDIENTS: Water (Aqua), Perfluorodecalin, Glycerin, Pentylene Glycol, Betaine, Acada senegal, Gum, Polyglyceryl-6 Distearate, Jojoba Esters, Boswellia carterii (Frankincense) Oil, Santalum paniculatum (Hawaiian Sandalwood) Wood Oil, Commiphora myrrha (Myrrh) Oil, Fagus sylvatica (European Beech) Bud Extract, Hydrolyzed Rhizobian Gum, Allantoin, Selerotium Gum, Xanthan Gum, Carbomer, Polyglyceryl-3 Beeswax, Cetyl Alcohol, Behenyl Alcohol, Sodium Phytate, Sodium PCA, Sodium Benzoate, Chlorphenesin, Sodium Hydroxide

# ANTI-AGING EYE CREAM

essential oils of FRANKINCENSE, YLANG YLANG, and RILIF TANSY

dōTERRA® Anti-Aging Eye Cream combines clinically proven ingredients with CPTG® essential oils of Frankincense, Ylang Ylang, and Blue Tansy to target the signs of aging around the delicate eye area, helping to reduce the appearance of fine lines and wrinkles over time. This innovative formula moisturizes, decreases the appearance of dark circles, and improves skin firmness and tone. The unique steel rollerball applicator cools and soothes under-eye skin helping to reduce the appearance of puffiness and dark circles while gently applying cream to targeted areas.

- Clinically tested
- Bakuchiol helps to tone and tighten the skin, which helps improve the appearance of fine lines and wrinkles and helps prevent future signs of aging
- Biopolymers made from Pullulan and Red Algae Extract provide a noticeable tightening and lifting effect from first use

DIRECTIONS FOR USE: Press pump until small amount of product appears around the rollerball. Using gentle pressure, apply to under-eye area until absorbed. Use morning and night. Avoid direct contact with eyes.

60201776	0.5 fl. oz./15mL	
\$60.00 retail	\$45.00 wholesale	45 PV



INGREDIENTS: Water (Aqua), Caprylic/Capric Triglyceride, Limnanthes alba (Meadowfoam) Seed Oil, Dimethicone, Cetyl Palmitate, Cetyl Alcohol, Butyrospermum parkii (Shea) Butter, Aloe barbadensis (Aloe Vera) Leaf Juice, Behenyl Alcohol, Polyglyceryl-6 Stearate, Pentylene Glycod, Glyceryl Stearate, Glycerin, Boswellia carterii (Frankincense) Oil, Cananga odorata (Ylang Ylang) Flower Oil, Tanacetum annuum (Blue Tansy) Flower Oil, Porphyridium cruentum (Red Algae) Extract, Bakuchiol, Cetearyl Alcohol, Dimethicone Crosspolymer, Stearic Acid, Sodium Lauroyl Glutamate, Polyglyceryl-6 Behenate, Carbomer, Dimethicone/Vinyl Dimethicone Crosspolymer, Beeswax (Cera Alba), Trisodium Ethylenediamine Disuccinate, Hydroxypropyl Methylcellulose, Pullulan, Silica Silylate, Silica, Sodium Hydroxide, Citric Acid, Hydroxyacetophenone

# CLINICAL STUDY RESULTS



- When measured, 100% of subjects showed immediate improvement in skin firmness with an average improvement of 35% after one use. After 8 weeks, 100% of subjects showed improvement in skin firmness with an average improvement of 60%.
- When measured, 96% of subjects showed immediate improvement in skin elasticity with an average improvement of 76% after one use. After 8 weeks, 97% of subjects show improvement in skin elasticity with an average improvement of 152%.
- After 8 weeks of use, image analysis showed significant improvement in wrinkle depth, wrinkle severity, and total wrinkle count in 85% of subjects.
- 100% of subjects reported visible improvement in skin radiance and luminosity after 8 weeks of use. 90% of subjects reported immediate improvement after one use.
- 100% of subjects reported visible improvement in the texture and smoothness of their skin after 8 weeks of use. 94% of subjects reported immediate improvement after one use.
- 100% of subjects reported visible improvement in overall youthful appearance after 8 weeks of use. 52% of subjects reported immediate improvement after one use.
- 100% of subjects reported visible improvement in skin firmness after 8 weeks of use. 45.5% of subjects reported immediate improvement after one use.
- 100% of subjects reported visible improvement in under eye bags and puffiness after 8 weeks of use. 36% of subjects reported immediate improvement after one use.

# ANTI-AGING MOISTURIZER

essential oils of LAVENDER, JASMINE, GERANIUM, and FRANKINCENSE

dōTERRA® Anti-Aging Moisturizer combines cuttingedge ingredients with the CPTG® essential oils of Lavender, Jasmine, Geranium, and Frankincense to moisturize and soften skin while providing anti-aging benefits. Peptides and botanicals target the visible signs of aging by improving skin tone and firmness, helping your complexion stay smooth and flawless by reducing the appearance of fine lines and wrinkles and helping minimize future visible signs of normal aging.

- Contains natural, aqueous extract of dormant Summer Snowflake (Leucojum aestivum) bulbs to promote a clearer, more even skin tone
- Olive Fruit extract is a natural ingredient specifically designed for moisturizing and overall skin care
- Peptides help firm and smooth skin, improving skin tone and texture and helping reduce the appearance of fine lines and wrinkles

DIRECTIONS FOR USE: After cleansing and toning, apply with a light touch over face and neck. Use morning and/or night.

60201750	1.7 fl. oz./50mL	
\$46.00 retail	\$34.50 wholesale	34.5 PV



INGREDIENTS: Water (Aqua), Cetearyl Alcohol, Glycerin, Glyceryl Stearate, Caprylic/Capric Triglyceride, Olea europaea (Olive) Fruit Unsaponifiables, Betaine, Silica, Vitis vinifera (Grape) Seed Oil, Lavandula angustifolia (Lavander) Oil, Pelargonium graveolens (Geranium) Oil, Boswelind arterii (Frankincense) Oil, Jasminum grandiflorum (Jasmine) Extract, Leucojum aestivum Bulb Extract, Yucca schidigera Root Extract, Palmitoyl Tripeptide-5, Acetyl Tetrapeptide-2, Tocopherol, Glyceryl Caprylate, Sodium Stearoyl Lactylate, Carbomer, Sodium Phytate, Xanthan Gum, Dimethicone, Caprylhydroxamic Acid, Tocopheryl Acetate, Sodium Hydroxide, Caprylyl Glycol, Chlorphenesin, Phenethyl Alcohol

# HYDRATING CREAM

essential oils of LAVENDER, JASMINE, GERANIUM, and FRANKINCENSE

The intensive moisture your skin has been waiting for. dōTERRA® Hydrating Cream is packed with emollient-rich ingredients and probiotics to provide intense hydration and nourishment to the skin, helping to reduce the appearance of fine lines and wrinkles and aiding with skin barrier renewal for suppler, younger-looking skin. Carefully chosen ingredients are designed to rejuvenate the look of mature skin, as well as to help reduce the visible signs of aging due to both natural and environmental causes. Probiotics reinforce the skin's natural barrier, helping to improve skin's natural health and beauty. Perfect for day or night use.

- Lactococcus Ferment Lysate helps to reinforce the skin's natural barrier, helping to promote overall skin health and a youthful appearance
- Laminaria digitata extract comes from an algae rich in amino acids and polypeptides and is combined with mugwort extract to soothe and calm the skin.

DIRECTIONS FOR USE: Apply to clean face and neck. Use morning and/or night.

60201774	1.7 oz./48g	
\$46.00 retail	\$34.50 wholesale	34.5 PV



INGREDIENTS: Water (Aqua), Butylene Glyco), Glycerin, Glyceryl Stearate, Cetearyl Alchoh, Caprylic/Capric Triglyceride, Lactococcus Ferment Lysate, Betaine, Behenyl Alcohol, Isododecane, Sodium Stearoyl Lactylate, Theobroma cacao (Cocoa) Seed Butter, Phytosteryl Isostearate, Dimethicone, Nylon-12, Lavandula angustifolia (Lavender) Oil, Pelargonium graveolens (Geranium) Oil, Boswellia carterii (Frankincense) Oil, Jasminum grandiflorum (Jasmine) Flower Extract, Laminaria digitata (Oarweed) Extract, Artemisia vulgaris (Mugwort) Extract, Ascophyllum nodosum (Brown Algae) Extract, Biosaccharide dum-I, Homarine HCI, Erythrito, Dimethicone Crosspolymer, Cetearyl Methicone, Ammonium Acryloyldimethyltaurate/VP Copolymer, Carbomer, Xanthan Gum, Sodium Phytate, Ethylhexylglycerin, Sorbitan Laurate, Dehydroacetic Acid, Hydroxyethylcellulose, Acetyl Dipeptide-1 Cetyl Ester, Lactic Acid, Chlorphenesin, Sodium Benzoate, Sodium Chloride, Sodium Hydroxide, Benzyl Alcohol

# CHOOSE A KIT AND SAVE:

#### **ESSENTIAL SKIN CARE KIT**

Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, Tightening Serum, Brightening Gel, Anti-Aging Eye Cream, Anti-Aging Moisturizer, and Hydrating Cream.

60203184	SAVE \$60.00 RETAIL	
\$275.33 retail	\$206.50 wholesale	200 PV



# PURCHASE THE CUSTOMIZABLE ESSENTIAL SKIN CARE KIT



Includes Facial Cleanser, Invigorating Scrub, Pore Reducing Toner, and Tightening Serum.

60203183 SAVE \$47.33 RETAIL \$120.00 retail \$90.00 wholesale 85 PV

# AND ADD UP TO TWO PRODUCTS PER KIT ORDER\* AT AN ADDITIONAL SAVINGS



Anti-Aging Eye Cream **60201776** 

\$25.00 20 PV

ANTIAGING MOSTURIZER

Anti-Aging Moisturizer

**60201750** \$25.00 20 PV



Brightening Gel

**60201777** \$25.00 | 20 PV



Hydrating Cream

60201774

\$25.00 20 PV

\*LRP only.

## ESSENTIAL SKIN CARE GUIDE

Choosing the right skin care products and knowing when to use them is the first step toward vibrant, healthy-looking skin. Regardless of your skin type or age, every daily skin care routine should include four basic steps: cleansing, toning, targeting, and moisturizing. Select products based on your specific skin care concerns and individual needs. For best results, follow the steps below.

# 1. Cleanse



#### **FACIAL CLEANSER**

Start and end the day with a good cleanser. Cleansing is important to overall skin care and the best way to rid the skin of excess oils, makeup, pollution and other buildup.

#### INVIGORATING SCRUB

Exfoliating is necessary for removing dead skin cells and other impurities that can clog pores. Depending on your skin sensitivity, exfoliate in place of normal cleansing 2–3 times per week morning or night to rejuvenate your skin.

### 2. Tone



#### PORE REDUCING TONER

In addition to reducing the appearance of pores, toning will remove any traces of dirt and oil left on the skin after cleansing and prepares the skin for other skin care products or makeup.





# 3. Target



#### BRIGHTENING GEL

Depending on your skin sensitivity, Brightening Gel can be used morning and/or night as an all-over facial product or to target dark spots.

#### **TIGHTENING SERUM**

Designed to be used morning and night, Tightening Serum moisturizes your skin while targeting the appearance of normal aging.

#### ANTI-AGING EYE CREAM

No matter your age, it's beneficial to use an eye cream morning and night to target the appearance of fine lines and wrinkles around the delicate eye area.

# 4. Moisturize



#### **ANTI-AGING MOISTURIZER**

Optimal hydration is key to preventing and treating the appearance of fine lines and wrinkles and other normal signs of aging. Suitable for all skin types and ages, this light moisturizer can be used morning and night or as frequently as desired.

#### HYDRATING CREAM

Intensely hydrating and formulated with probiotics to nourish your skin, Hydrating Cream can be used morning and/or night depending on your skin needs.

#### LIST OF ESSENTIAL OILS



#### Bergamot (FC free)

Bergamot provides purifying and cleansing skin benefits while the spicy citrus aroma uplifts and calms.



#### **Blue Tansy**

Recognized for its deep blue color and sweet, fruity aroma, Blue Tansy also soothes and promotes the healthy appearance of skin.



#### **Frankincense**

No skin care regimen would be complete without a generous amount of Frankincense to renew and support youthful-looking, healthy skin.



#### Geranium

Geranium offers outstanding benefits for soothing and calming skin, making it the perfect choice for a skin care product.



#### German Chamomile

German Chamomile provides profound calming benefits for irritated or sensitive tissues.



#### Grapefruit

Known for its invigorating properties, Grapefruit also provides excellent cleansing benefits.



#### Hawaiian Sandalwood

Widely acknowledged as superior in skin care applications, Hawaiian Sandalwood helps support smooth, youthful-appearing skin.



#### Helichrysum

Sourced from Corsica, Helichrysum contains up to 10 percent diketoes, which are known for their renewing effects. It also contains up to 30 percent sesquiterpene hydrocarbons, known as calming agents, as well as up to 50 percent esters.



#### **Jasmine**

A popular oil for its aroma, Jasmine is included for its soothing and toning properties.



#### **Juniper Berry**

Juniper Berry acts as a natural skin toner and reduces the appearance of skin blemishes making it ideal for skin care products.



#### Lavender

Used for centuries in skin care regimens, Lavender has numerous benefits including calming, soothing, and rejuvenating properties.



#### Melaleuca

Recognized by its more common name "tea tree," Melaleuca has been revered for its cleansing and rejuvenating properties, especially for the skin.



#### Melissa

Known for its calming and soothing aroma, Melissa also helps diminish the appearance of imperfections, keeping skin looking clean and healthy.



#### Myrrh

Myrrh provides numerous benefits to the skin, including soothing irritated, dry, or chapped skin



#### **Peppermint**

Peppermint produces a cool, relaxing sensation while helping calm sensitive tissues.



#### Rose

Rose not only provides a beautiful aroma, it supports healthy and even skin tone as well as reducing the appearance of imperfections.



#### **Ylang Ylang**

Although Ylang Ylang is often valued for is pleasant, mood-enhancing fragrance, it also functions as an astringent and has pH balancing properties for the skin.

WHEN FORMULATING ESSENTIAL SKIN CARE PRODUCTS, dōTERRA® WILL <u>NEVER</u> USE THE FOLLOWING:

Artificial colors
Diethanolamine (DEA)

Sodium laureth sulfate (SLES) Sodium lauryl sulfate (SLS)

Formaldehyde donors

Toluene

Parabens Phthalates Triethanolamine (TEA)

Animal testing

Propylene glycol

BENEFITS OF THE ESSENTIAL SKIN CARE PRODUCTS

- · Hydrates and nourishes skin
- · Minimizes the appearance of pores
- Supports healthy, youthful-looking skin
- Promotes skin luminosity and brightness
- Promotes even pigmentation in dark (age) spots
- Reduces the appearance of fine lines and wrinkles
- Promotes skin elasticity and suppleness, improving skin firmness and tone
- Reinforces the skin's natural barrier, helping protect against environmental pollutants

Notes:

v1 Made in USA 60203693