## emotional aromatherapy



🐼 Can be used aromatically 🕕 Can be used topically 🐧 Can be used topically with no dilution (NEAT) 💿 Dilute for young or sensitive skin (SENSITIVE) CAUTION: Do not use essential oils in eyes, ears, or nose. To dilute, use döTERRA Fractionated Coconut Oil, olive oil, or other carrier oil.